



References from “On The Brink of Burnout”

Books

[Creativity: Flow and the Psychology of Discovery and Invention](#) by Mihaly Csikszentmihalyi

[Bored and Brilliant](#) by Manoush Zomorodi

Articles

[That Creative Spark](#) by Novid Parsi

[The Neuroscience of Creativity and Insight](#) by Megan Eriksen

[Your Brain on Creativity](#) by Grant Hilary Brenner MD

[The Neuroscience of Creativity: A Q&A with Anna Abraham](#) by Scott Barry Kaufman

[Employee Burnout, Part 3: How Organizations Can Stop Burnout](#) by Ben Wigert AND Sangeeta Agrawal

[Help Fight Employee Stress: 15 Burnout Busters](#) by Karen Cavanaugh

[How To Reduce Burnout In Your Organization](#) by Paula Davis-Laack

[Beating Burnout](#) by Monique Valcor

[Burnout Response](#) by Workplace Strategies for Mental Health

[Workplace Burnout Survey](#) by Deloitte

